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University  
of Brasov**

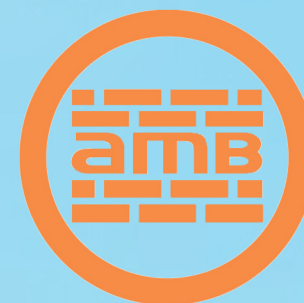
**FACULTY OF PHYSICAL EDUCATION  
AND MOUNTAIN SPORTS**

**FÉDÉRATION  
INTERNATIONALE  
D'ÉDUCATION PHYSIQUE**



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**International Scientific Conference**

# **YOUTH IN THE PERSPECTIVE OF THE OLYMPIC MOVEMENT**

**Brasov, February 2018**







Transilvania  
University  
of Braşov  
FACULTY OF PHYSICAL EDUCATION  
AND MOUNTAIN SPORTS

TRANSYLVANIA UNIVERSITY OF BRAŞOV  
FACULTY OF PHYSICAL EDUCATION AND  
MOUNTAIN SPORTS  
*organizes*



International Scientific Conference

**YOUTH IN THE PERSPECTIVE OF THE OLYMPIC MOVEMENT**

23–24 February 2018, Braşov, Romania

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Sorin **Drugău**, Assist., PhD student, Braşov, Romania

## Conference schedule

### Friday, February 23 – University auditorium

- 11:00 - Guests arrival and accommodation
- 13:30 - Cofee break and snack
- 14:00 - Conference opening works
- 16:00 - Cofee break and snack
- 16:30 - Paper presentations (halls U.I.6, U.I.7)
- 16:30 –The Deans Forum (hall U.I.2.)
- 20:00 - Completion of the first days of scientific work
- 20:30 - Social evening

### Saturday, February 24 – University auditorium

- 9:00 - Coffee break
- 9:30 - Presentations on sections (halls U.I.6, U.I.7)
- 12:00 - Posters session
- 13:00 - The awards ceremony

## Sections

- The current Olympic movement
- Young people sports performance
- Physical education and sport for all
- Formal and non-formal motor activities
- Orientations and current trends in Kinetotherapy

## Participation fee

The conference fee:

- 300 lei (65 euro) / paper; 350 lei (75 euro) / two papers or
- 200 lei (45 euro) / paper, 250 lei (55 euro) / two papers for doctoral and master students

The conference fee covers technical facilities, the conference map with the CD of abstracts, the social evening for one person and publication of the papers in the Bulletin of Transylvania University of Brasov.

### Important deadlines

- abstract deadline – 1<sup>st</sup> of FEBRUARY, 2018
- notification of abstract acceptance – FEBRUARY 05, 2018;
- sending full paper and Participation fee – FEBRUARY 15, 2018

### Terms of the abstract drafting

Paper abstract and keywords will be writing in Romanian and English in: Windows Word, A4, Times New Roman, 12 pt., Justified, in a row, max. 150 words, all edges 2 cm and the keywords (3-5 words) will be written in Times New Roman, Size 12, Justified). Title of the paper 18 pt., capital letters, bold, centered. Under the title shall be pass the authors (name and surname), 14 pt., capital letters, bold, centered. The collectives and the institutions they belong to shall be in the basement note, 9 pt.

The abstract will be sent to email address: [ypom@unitbv.ro](mailto:ypom@unitbv.ro)

### Terms of the full-paper drafting

The best works will be selected and published in the Bulletin of the Transilvania University of Brasov, Series IX SCIENCES OF HUMAN KINETICS No.1 or 2/2018, This scientific journal is indexed in the following international database (in accordance with CNATDCU standards):

- EBSCO, - Erih PLUS, - ProQuest; - DOAJ;

The paper which will be selected and published in the Bulletin of Transylvania University of Brasov, will be write in English language (and Romanian language for the Romanian people) and will be comply with the conditions of editing that can be found at:

<http://webbut.unitbv.ro/Bulletin/Series%20IX/send9.html>

They are accepted max. 2 papers which must fit into the topic session. For the publication in the Bulletin of the Transylvania University will be sending: abstract, keywords, and full text in English (and Romanian language for the Romanian people), an even number, max.8 pages, following the indications of template.

### Terms of the poster drafting

The poster must have the size of 100/70 cm.

The option for poster presentation will be communicated when you send the abstract.

### Partners

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Metropolitan Agency Brasov



### Contact

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- Scientific Research and Informatization -

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Keynote speaker BRASOV

## 1. **PROF. DR. BRANISLAV ANTALA, PHD**



Prof. Dr. Branislav Antala, Phd is a professor at Comenius University, Faculty of Physical education and Sports in Bratislava, Slovakia. He is also Visiting professor in Faculty of Kinesiology, University of Zagreb, Croatia. His area of specialization is Sport pedagogy, Evaluation in physical education and Sport management. He has been author of about 160 original scientific articles and reports published in 20 countries and 5 edited books. He delivered 18 invited keynote lectures and about 30 presentations in international conferences. He is a Member of the Editorial Boards of 14 international journals (Gymnasium (Romania), Kinesiology (Croatia), Sport Logia (Bosnia and Herzegovina), Graduate Journal of Sport Exercise & Physical Education Research (Great Britain) Asian Journal of Exercise and Sports Science (Hong-Kong) etc.).

Prof. Dr. Branislav Antala, PhD is a recipient of many international awards for contribution on development of PE in the world (FIEP Gold Cross; Medalha Sylvio Raso; Águila de Oro; Pico Bolivar Award, Diploma of Excellency etc.). He is FIEP World International Vice-president, FIEP – Europe president, ICSSPE Executive Board Member, Chair of International Committee of Sport Pedagogy, delegate of Slovakia in ISCPES. He is conferred as Honorary Member (Life time) by the Indian Council of Sports Science and Physical Education. He is coordinator of national & international research projects. In Slovakia he is member of Curriculum Council of Ministry of Education, Research, Science and Sport of Slovak Republic and chair of National Curriculum Commission for Physical and Sport Education.

## 2. **Assoc. Prof. Mgr. Martin Zvonař, Ph.D.**



**Martin Zvonař** is the Dean at the Faculty of Sport Studies from Masaryk University of Brno, Czech Republic.

### **3. Prof. Damir Knjaz, Ph.D.**



Damir Knjaz is the Former Dean at the Faculty of Kinesiology University of Zagreb, Croatia, with 20 years of teaching experience in Ph.D. level curricula in Kinesiology (Basketball) and research projects coordination in Croatia.

Is recognised both internationally and locally for his work in planning and programming in basketball training, motor learning and performance, coaching science, for adapting and introducing the “Mini Basketball” programme in elementary schools in Croatia as well as for promoting and educating on the importance of physical exercise and healthy eating and living.

Damir Knjaz is member of the International Ski Instructors Association, the National Paralympic Committee and the Board of Directors of the Foundation Paralympian, the International Committee of NABC and an external member of the Research Committee of NABC, a representative of Croatia at FIBA’s Youth Commission.

### **Prof. Balint Gheorghe, Ph.D.**



Prof. Dr. Balint Gheorghe is a professor at the Faculty of Movement, Sports and Health Sciences of the Vasile Alecsandri University in Bacau, Romania. His field of specialization is Winter Sports and Football. He is the author of approximately 80 original scientific articles published in 12 countries and 14 edited books. He has been a keynote speaker at 8 prestigious conferences and has about 30 presentations at international conferences. He is a member of the editorial councils of 6 international journals (FIEP Bulletin - Journal of International Physical Education (Brasil), Studia Sportiva (Czech Republic), Sportekspert - Journal of Applied Physical Education and Sport (Bosnia and Herzegovina), Bulletin of the Transylvania University of Brasov, Series IX, Sciences of Human Kinetics (Romania), Gymnasium - Scientific Journal of Education, Sports and Health "from Bacau (Romania), Annals of" Dunărea de Jos "University of Galati - Fascicle XV Physical Education and Management in Sport Romania). Prof. Dr. Balint Gheorghe is Vice President of FIEP for Eastern Europe - Fédération Internationale d'Éducation Physique.

Professional prestige has been confirmed by the following international distinctions:



1. The International FIEP Cross Honor of Physical Education, awarded by the International Fédération d'Éducation Physique (FIEP) World, in recognition of his remarkable international services and contributions to physical education, sports, and science of physical education (January 14, 2017 - Foz do Iguacu, Brazil).
2. The "Manuel Tubino" Medal awarded by the International Fédération d'Éducation Physique (FIEP) World in recognition of the relevant services for FIEP World, for the development of physical education, sports and leisure activities, 90 years FIEP activity anniversary (January 13, 2013 - Foz do Iguacu, Brazil).
3. The FIEP Europe Thulin Award, awarded by the International Fédération d'Éducation Physique (FIEP) Europe to Physical Education, which has contributed greatly to the development of physical education at national and European level (June 18, 2011 - the 6th FIEP European

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16:30 – Paper presentations (halls U.I.6, U.I.7)

-Rado Pisot – *Safe and effective return to sport after injuries;*

-Damir Knjaz – *Physical activity vs. biological age – who is winning?*

-Krska Peter, Sedlacek Jaromir, Hubinak Andrej, Kostial Jan, Teplicancova Maria – *Somatic and Physical Fitness Parameters of Present Primary School Pupils in Ruzomberok;*

- Postdoctoral presentations.

- Pelin Iulian Bogdan – *Improvement of shooting technical skills in the shooting range within the biathlon test for juniors.*

-Onean Gheorghe Adrian, Balint Lorand, Oprea Doru – *A case study – determining the muscle balance of the juniors 3 in hurdles events through biodex system 4 pro<sup>tm</sup>;*

16:30 – The Deans Forum (hall U.I.2.)

20:00 – Completion of the first days of scientific work

20:30 – Social evening

### Saturday, February 24 – University auditorium

9:00 – Coffee break

9:30 – Presentations on sections (halls U.I.6, U.I.7)

-Antala Branislav – *International policy documents and new approach to school physical education;*

-Natheir F. Mansour Alnu`Man, Bondoc-Ionescu Dragoş, Târgoveţ Adriana – *Optimizing the functional training of force – power in water on arms – legs segments in junior speed swimming test;*

-Petrescu Tomina Dana, Bondoc-Ionescu Dragoş, Nechita Florentina – *Biomechanical details regarding the efficiency of start in sprinting events;*

-Alecu Ştefan, Bondoc-Ionescu Dragos, Nechita Florentina – *The role of the vestibular balance analyzer in landing adjustment after passing the fence in the 110 m hurdles;*

12:00 – Posters session



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23-24 February 2018, Brașov, Romania

POSTERS COMPETITION

1<sup>st</sup> place – 10 points

ANALYSIS OF DEFINING PARAMETERS IN A MAXIMUM EFFORT ON THE LOWER TRAIN

*Carmen Gugu-Gramatopol*

*Cristina Ciurea*

*Cristina Botezatu*

2<sup>nd</sup> place – 9 points

IMPROVEMENT OF SHOOTING TECHNICAL SKILLS IN THE SHOOTING RANGE WITHIN THE BIATHLON TEST  
FOR JUNIORS

*Bogdan –Iulian Pelin*

*Dragoș Bondoc-Ionescu*

*Claudiu Mereuță*

3<sup>rd</sup> place – 8 points

ANALYSIS OF THE ABSOLUTE AND RELATIVE VALUES OF THE TOOLS FOR JUMP PREPARATION PER  
MESOCYCLES IN THE WOMEN'S TRIPLE JUMP DISCIPLINE

*Tereza Marinova*

4<sup>th</sup> place – 7 points

STUDY OF PHYSICAL ACTIVITY AND DIETARY INTERVENTIONS FOR WEIGHT MANAGEMENT DURING  
PREGNANCY OF BULGARIAN WOMEN

*Diana Popova-Dobreva*

5<sup>th</sup> place – 6 points

STUDY ON THE INFLUENCE OF GYMNASTICS IN GENERAL PHYSICAL DEVELOPMENT AT PRIMARY SCHOOL

*Oana Mihaiu*

5<sup>th</sup> place – 6 points

THE ROLE OF THE MENTORING IN EDUCATION OF BEGINNER TEACHER, APPROCH FROM THE PERSPECTIVE  
OF A MENTOR TEACHER

*Drugău Sorin*