

## **L I S T A**

### **lucrărilor științifice în domeniul disciplinelor din postul didactic**

#### **A. Teza de doctorat**

2014 - Titlul tezei: *“Contribuții privind ameliorarea performanțelor motrice și a comportamentului tehnico-tactic pe posturile de extreme și pivot în jocul de handbal, la echipele de seniori din România”* - IOSUD, Brașov, România.

#### **B. Cărți și capitole în cărți publicate în ultimii 10 ani**

1. **Curițianu I.**, Comunicare și integrare socială prin activități sportive, Editura Universității Transilvania din Brașov, 2016, ISBN 978-606-19-0853-0.
2. **Curițianu I.**, Caracteristici și tendințe în jocul de handbal actual, Editura Universității Transilvania, Brașov, 2015, ISBN 978-606-19-0549-2.

#### **C. Lucrări indexate ISI/BDI publicate în ultimii 10 ani**

1. **Fîntînă, I.**, Stark, B. The importance of neuropsychomotor development between 0-2 years, Bulletin of the Transilvania University of Brașov, Series IX: Art Science of Human Kinetics, Vol. 17(66) No. 1, 2024, ISSN:2344-2026.  
<https://doi.org/10.31926/but.shk.2024.17.66.1.1>
2. Turcu, I., Oancea, B., Chicomban, M., Simion, G., Simion, S., Negriu Tiuca, C.I., Ordean, M.N., Petrovici, A.G., Nicolescu Șeușan, N.A., Hăisan, P.L., Hășmășan, I.T., Hulpuș, A.I., Stoian, I., Ciocan, C.V., **Curițianu, I.M.** Effect of 8-week  $\beta$ -alanine Supplementation on CRP, IL-6, Body Composition, and Bio-Motor Abilities in Elite Male Basketball Players, International Journal of Environmental Research and Public Health, 2022 19(20), 13700; <https://doi.org/10.3390/ijerph192013700>, IF:4,614.
3. **Curițianu, I.M.**, Turcu, I., Alexe, D.I., Alexe, C.I., Tohănean, D.I. Effects of Tabata and HIIT Programs Regarding Body Composition and Endurance Performance among Female Handball Players, Balneo and PRM Research Journal, Vol. 13, No. 2, 2022, ISSN: 2734-8458. <https://bioclima.ro/Journal/index.php/BRJ/article/view/94>
4. Sagat, P., Bartik, P., Lazic, A., Tohănean, D.I., Koronas, V., Turcu, I., Knjaz, D., Alexe, C.I., **Curițianu, I.M.** Self-Esteem, Individual versus Team Sports, International Journal of Environmental Research and Public Health, 2021, 18(24), 12915; <https://doi.org/10.3390/ijerph182412915>, <https://www.mdpi.com/1660-4601/18/24/12915>, IF:3,390.
5. Fîntînă, R., **Curițianu, I.** Recovery of quasi-total rupture of the medial collateral ligament at a handball player, Bulletin of the Transilvania University of Brașov, Series IX: Art Science

- of Human Kinetics , Vol. 14(63) No. 2, 2021, ISSN:2344– 2026.  
<https://doi.org/10.31926/but.shk.2021.14.63.2.25>
6. **Curițianu, I.** The Impact of Movement Games in the Process of Teaching Minihandball at Primarily Level, Bulletin of the Transilvania University of Brașov, Series IX: Science of Human Kinetics, Vol. 13 (62) No. 2, 2020, ISSN: 2344-2018.  
<https://doi.org/10.31926/but.shk.2020.13.62.2.14>
  7. Tohanean, D.I., Koronas, V., Sagat, P., Turcu, I., **Curitianu, I.M.**, Alexe, C.I., Alexe, D.I. The Use of Water and Other Liquids of Different Chemical Composition for Hydration in Movement Activities, Revista de Chimie, 71(8), 2020, 249-254,  
<https://doi.org/10.37358/RC.20.8.8297>
  8. Fîntînă, R., **Curițianu, I.** Recovery through kinetotherapy after a Latarjet procedure, Bulletin of the Transilvania University of Brașov, Series IX: Art Science of Human Kinetics , Vol. 12 (61) No. 1, 2019, ISSN: 2344-2018.  
[http://webbut2.unitbv.ro/BU2019/Series%20IX/2019/BULETIN%20I/19\\_Fintina\\_DOI\\_51.pdf](http://webbut2.unitbv.ro/BU2019/Series%20IX/2019/BULETIN%20I/19_Fintina_DOI_51.pdf) , <https://doi.org/10.31926/but.shk.2019.12.61.2.51>
  9. **Curițianu, I.** Recovery of scapulohumeral periarthrosis at a handball player, Bulletin of the Transilvania University of Brașov, Series IX: Sciences of Human Kinetics, Human Kinetics, Vol. 10 (59) No. 1, 2018, ISSN: 2344–2026.  
[http://webbut2.unitbv.ro/BU2018/Series%20IX/2018/BULETIN%20I/09\\_Curitianu.pdf](http://webbut2.unitbv.ro/BU2018/Series%20IX/2018/BULETIN%20I/09_Curitianu.pdf)
  10. **Curițianu, I.** Optimization of physical training on the center player in the handball school representative, Bulletin of the Transilvania University of Brașov, Series IX: Sciences of Human Kinetics, Vol. 10 (59) No. 2, 2017, ISSN: 2344–2026.  
[http://webbut2.unitbv.ro/BU2017/Series%20IX/2017/BULETIN%20I/15\\_CURITIA\\_NU.pdf](http://webbut2.unitbv.ro/BU2017/Series%20IX/2017/BULETIN%20I/15_CURITIA_NU.pdf)
  11. **Curițianu, I.M.** Injuries and their prevention in the handball game. Journal of social science research, 7(2), 2015, ISSN: 1271–1275. <https://doi.org/10.24297/jssr.v7i2.3570>
  12. Curițianu, I.M. Competitive relations and communication in team sports. Journal of social science research, 7(2), 2015, ISSN: 1276–1280. <https://doi.org/10.24297/jssr.v7i2.3561>
  13. **Curițianu, I.M.**, Balint, E., Neamțu, M. Analysis of defense parameters in handball teams HCM Constanta and FC Barcelona in the competition Champions League 2011-2012, Palestrica Mileniului III, Civilizație și sport, Vol. 16, no. 1, IanuarieMartie 2015.  
<http://pm3.ro/pdf/59/ro/08%20-%20curitianu%20%20%2022-26.pdf>

#### **D. Lucrări publicate în ultimii 10 anii în reviste și volume de conferințe cu referenți**

1. **Curițianu, I.**, Balint, E. (2019). The Benefits Of Trx Suspension Training In Adolescent Idiopathic Scoliosis, Education Facing Contemporary World Issues, vol 67. European Proceedings of Social and Behavioural Sciences (pp. 892-897). Future Academy.  
<https://doi.org/10.15405/epsbs.2019.08.03.107>
2. **Curițianu, I.**, Cătănescu, A. (2019). Effects Of Six-Week TRX Training On Physical Skills In Female Skier Students, Education Facing Contemporary World Issues, vol 23. European Proceedings of Social and Behavioural Sciences (pp. 1456-1460). Future Academy.  
<https://doi.org/10.15405/epsbs.2017.05.02.178>

3. **Curițianu, I.**, Cătănescu, A. (2016). Study regarding the development of general and specific motor skills in alpine skiing category U10, Ovidius University Annals, Series Physical Education and Sport, Science, Movement and Health (pp. 329-334), Vol. XVI (2, Supplement). <http://analefefs.ro/anale-fefs/2016/i2s/pe-autori/9.pdf>

**E. Brevete obținute în întreaga activitate**

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**Data:**

**01.12.2024**

**Semnătura:**