



Transilvania  
University  
of Braşov  
FACULTY OF PHYSICAL EDUCATION  
AND MOUNTAIN SPORTS



TRANSILVANIA UNIVERSITY FROM BRAŞOV  
FACULTY OF PHYSICAL EDUCATION AND MOUNTAIN SPORTS



# PROGRAM

International Scientific Conference

**YOUTH IN THE PERSPECTIVE OF THE OLYMPIC  
MOVEMENT**

March 19-20, 2021 | ONLINE

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**Ioan TURCU, Assoc. PhD**

Dean, Faculty of Physical Education and Mountain Sports, Braşov

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Faculty of Physical Education and Mountain Sports, Transilvania University from Brasov, Romania

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Faculty of Sciences of the Sport and Health Movement, Vasile Alecsandri University of Bacau, Romania

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President, FIEP Europe, Comenius University in Bratislava, Slovakia

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State University of Physical Education and Sport, Chișinău, Moldova

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Faculty of Sciences of the Sport and Health Movement, Vasile Alecsandri University of Bacau, Romania

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Faculty of Sports Studies, Masarik University, Czech Republic

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State University of Physical Education, Chisinau, Moldova

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Faculty of Sciences of the Sport and Health Movement, Vasile Alecsandri University of Bacau, Romania

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Faculty of Sciences of the Sport and Health Movement, Vasile Alecsandri University of Bacau, Romania

**Dragoş Ioan Tohănean, Lecturer, PhD**

Vice-dean with Faculty of Physical Education and Mountain Sports, Transilvania University from Brasov, Romania

**Iulian Stoian, Lecturer, PhD**

Vice Dean of the Faculty of Sciences, Lucian Blaga University of Sibiu, Romania

**Badria Al-Hadabi, Assist. Prof. PhD**

Head of PE Department, College of Education, Sultan Qaboos University, Oman

**Ferman Konukman, Assist. Prof. PhD**

College of Education, Department of Physical Education, Qatar University, QATAR

# The organizing Committee

## President of the organizing committee

Dragoș Tohănean, Lecturer, PhD, Brașov, Romania

Elena Balint, Professor, PhD, Brașov, Romania

Lorand Balint, Professor, PhD, Brașov, Romania

Răzvan Enoiu, Professor, PhD, Brașov, Romania

Silviu Cioroiu, Professor, PhD, Brașov, Romania

Carmen Gugu – Gramatopol, Professor, PhD, Brasov, Romania

Ioan Turcu, Assoc. Prof., PhD, Brașov, Romania

Corneliu Scurt, Assoc. Prof., PhD, Brașov, Romania

Georgian Bădicu, Assoc. Prof., PhD, Brașov, Romania

Andreea Cătănescu, Lecturer, PhD, Brașov, Romania

Mihaela Chicomban, Lecturer, PhD, Brașov, Romania

Ioana Curițianu, Lecturer, PhD, Brașov, Romania

Wilhelm Grosz, Lecturer, PhD, Brașov, Romania

Veronica Mîndrescu, Lecturer, PhD, Brașov, Romania

Florentina Nechita, Lecturer, PhD, Brașov, Romania

Alina Martoma, Lecturer, PhD, Brașov, Romania

Gabriel Simion, Lecturer, PhD, Brașov, Romania

Bogdan Oancea, Lecturer, PhD, Brașov, Romania

Raluca Mijaică, Lecturer, PhD, Brașov, Romania

Daniela Popa, Lecturer, PhD, Brașov, Romania

Anca Ionescu, Assist., PhD student, Brașov, Romania

Sorin Drugău, Assist., PhD student, Brașov, Romania

Bogdan Pelin, Assist., PhD student, Brașov, Romania

# CONFERENCE SCHEDULE

Friday, March 19, 2020 | ONLINE

11:00 – The Deans' Forum

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14:00 – Conference opening works

14:20 – Online presentations

Keynote speakers:

## **Antala Branislav, Assoc. Prof. PhD**

President, FIEP Europe, Comenius University in Bratislava, Slovakia

*"Physical education in active school and its difficulties during Corona pandemic - Case of Slovakia"*

## **Hanlie Moss, Prof. PhD**

Director of Research, Faculty of Health Sciences, North-West University, South Africa

*"Exercise as rehabilitation in a low-resourced community - A South African perspective"*

## **Rodolfo Pablo Buenaventura, Prof. PhD**

First Secretary FIEP World, National University from Lujan, Buenos Aires, Argentina

*"School, Physical Exercise and Health"*

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**15:30 - Workshop:** *"Contextual Olympic reorientations"*

Chairmain:

## **Carmen Gugu – Gramatopol, Prof. PhD**

Faculty of Physical Education and Mountain Sports, Transilvania University from Brasov, Romania, President of Olympic Club of Brasov

Guests:

**Ababei Radu, Prof. PhD**

Faculty of Movement, Sports and Health Sciences, Vasile Alecsandri University of Bacau, Romania

**Cătălina Ababei, Prof. PhD**

Faculty of Movement, Sports and Health Sciences, Vasile Alecsandri University of Bacau, Romania

**Alexandru Mureșan, Prof. PhD**

Faculty of Physical Education and Sport, Babeș Bolyai University of Cluj, Romania

**Gynetta Vanvu, Assoc. Prof., PhD**

University of Medicine and Pharmacy, Grigore T. Popa from Iași, Romania

**Codruța Florina Bulduș, Lecturer PhD**

Faculty of Physical Education and Sport, Babeș Bolyai University of Cluj, Romania

**Virgil Adrian Moroșan Larionescu, Lecturer PhD**

Physical Education and Sport, Ștefan cel Mare University of Suceava, Romania

**Buldus Codruta Florina**

Secretary AOR Cluj Branch, Romania

**Alexandra Nica, Director**

Department of Olympic Education, School and University Sports, Romanian Olympic and Sports Committee.

**Sorin Șimon, Lecturer PhD**

1 December 1918, University of Alba Iulia, Romania

**Saturday, March 20, 2020 | ONLINE**

**10:00 – Online presentations**

Keynote speakers:

**Gheorghe Balint, Prof. PhD**

FIEP, Vice-President for East Europe, National Delegate for Romania, Vasile Alecsandri University of Bacau, Romania

*“General Virgil Bădulescu - Founder of FEDERATION INTERNATIONALE D’ EDUCATION PHYSIQUE – FIEP”*



### **Guillaume Martinent, Assoc. Prof. PhD**

Laboratory of Vulnerabilities and Innovation in Sports, Claude Bernard Lyon University, France

*"The effects of a mental preparation program for the development of emotional intelligence with elite adolescent table tennis players"*

### **Giovanni Hernández, PhD**

Delegate of the Commission of New FIEP Leaders in North America from Mexico

*"Jump Rope, a great ally in Mexico to continue physical activity at a distance"*

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## **11:00 – Presentations on sections**

### **Bogdan Olaru, Asist. PhD student**

Faculty of Physical Education and Sport, Dunarea de Jos University of Galati, Romania

*"Study on the approach of a theoretical knowledge in PE during the Covid-19 pandemic"*

### **Mircea Olteanu, Asist. PhD student**

Faculty of Physical Education and Mountain Sports, Transilvania University from Brasov, Romania

*"Comparative study on free throws in women's U14, U16, U18 level basketball game in the last 3 years"*

### **Stefan Alecu, Asist. PhD student**

Faculty of Physical Education and Mountain Sports, Transilvania University from Brasov, Romania

*"The self-control of the 110 m hurdles technique in proprioceptive training"*

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