

CONFERENCE PROGRAM

YOUTH IN THE PERSPECTIVE OF THE OLYMPIC MOVEMENT
March 13-15, 2025

✦ Thursday, March 13, 2025

11:00 - 🚗 Guests arrival and accommodation

13:30 - ☕ / 🍷 Coffee break and snack

14:00 - 🏛️ CONFERENCE OPENING WORKS

✍️ Chairman of the Conference

Mr. Assoc. Prof. **Ioan Turcu**, PhD – Dean, Faculty of Physical Education and Mountain Sports.

🗣️ Keynote speakers:

Mr. Prof. **Geoff Thompson** - Founder YOUTH CHARTER, UK: "Paris 2024 - A Legacy Opportunity 4 All in the delivery of Sport for Development in improving the lives of young people and communities through the UN Sustainable Development Goals";

Mr. **Răzvan Burleanu** - President of the Romanian Football Federation: "Player first. A transformational pathway to success"

Mr. Prof. **Gregory C. Bogdanis**, PhD - School of Physical Education & Sports Science, National and Kapodistrian University of Athens, Greece: "High intensity Interval training, High intensity functional training and resistance training".

15:45 - ☕ / 🍷 Coffee break and snack

16:00 - 📄 Paper presentatians (hall U.I.2)

- ✓ Mr. Prof. **Michal Wilk**, PhD - The Jerzy Kukuczka Academy of Physical Education, Katowice, Poland: "Velocity Based Training - how to use modern devices to optimize training"
- ✓ Mrs. Lect. **Luisa Fernanda Velez Colon**, PhD - School of Health and Sciences, University of the Sacred Heart, Puerto Rico, USA: "Impact of recreational physical activity clubs and physical and emotional health".
- ✓ Mr. Asist. **Peter Sagat**, PhD - Department of Health and Physical Education, Prince Sultan University, Riyadh, Saudi Arabia: "Specific Factors Determinating Table Tennis Sports Performance in Professional Players".
- ✓ Mr. **Cristian Băltărețu** - National Institute for Sport Research, Romania: "Nutritional Strategies for Young Athletes: Enhancing Performance and Recovery in Competitive Sports".
- ✓ Mr. **Francisco Antonio Serrano Romero**, academic researcher, PhD - Southern Institute of Technology, Thomas Education, New Zealand: "Empowering Youth through Sport, embedding formal Mentoring Programmes".

16:00 - ✂️ Workshop: "THE ESSENTIAL PLACE OF OCCUPATIONAL THERAPY IN MULTIDISCIPLINARY REHABILITATION" (hall U.I.7)

🗣️ Moderators:

Mrs. Lect. Dr. **Patricia Eyres**, PhD - University of Plymouth, UK;

Mrs. Lect. **Danielle Munford**, PhD - University of Plymouth, UK;

Mrs. **Susanna Davies**, Occupational Therapist - Churchill Fellow and Trustee for Belief in Action, UK;

Mrs. Assoc. Prof. Dr. **Alison Warren**, PhD - University of Plymouth, UK.

16:00 - ✂ Workshop: **THE TRANSFER FROM THE GAME PHILOSOPHY TO THE TRAINING PHILOSOPHY - THE OFFENSIVE PHASE IN JUNIOR FOOTBALLERS U14-U16** (hall U.I.3)

🗣 **Moderators:**

Mr. Assoc. Prof. **Gabriel Simion**, PhD - Transilvania University from Brasov, Romania;

Mr. Lect. **Lucian Burchel**, PhD - Lucian Blaga University Sibiu, Faculty of Sciences, Director of the Federal Coaching School within the Romanian Football;

🗣 **Invited Speakers:**

Mr. Assoc. Prof. **Andrade Bichescu** - Babeş-Bolyai University, Cluj-Nacopa, Romania;

Mr. Assoc. Prof. **Sorin Brîndescu**, PhD - West University of Timișoara, Romania;

20:00 - 🎵 **SOCIAL EVENING** (ARO PALACE – Restaurant)

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📌 **Friday, March 14, 2025**

9:30 - ☕ Coffee break

10:00 - ✂ Workshop: **YOUTH CHARTERS COMMUNITY CAMPUS** (hall U.I.6)

🗣 **Moderators:**

Mr. Prof. **Geoff Thompson** - Founder YOUTH CHARTER, UK;

Mrs. **Janice Ann Thompson** - Executive Director of YOUTH CHARTER, UK.

10:00 - ✂ Workshop: **MEANINGFUL OCCUPATION: THE ROLE OF PARALYMPIC SPORT IN SPINAL INJURY. Interview** (hall U.I.3)

🗣 **Moderators:**

Mr. **Sorin Alexandru**, Paralympic athlete, Romania;

Mrs. **Susanna Robinson**, occupational therapy psychotherapist, Churchill Fellow and Trustee for Belief in Action, UK.

11:00 - 🗣 Project dissemination: **HELPING EDUCATE COMMUNITIES ABOUT HEADACHE DYSFUNCTION**

🗣 **Speaker: Romain Giop**, physiotherapist Mosan Clinic, Liège, Belgium.

12:00 - 📄 Poster session by sections

13:00 - 🏆 **THE AWARDS CEREMONY**

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📌 **Saturday, March 15, 2025**

11:00 - 🎭 Specific student activities
