

Department: Motor Performance

Master's Degree Program: Human Performance in Sports Training (PUAS) – in English

Series: 2025-2027

**Professional and transversal competences grid by study program disciplines**

| Disciplines                                               | Professional Competences |     |     |     |     |     |     |     |     |      |      |      | Transversal Competences |     |     |     |     |     |
|-----------------------------------------------------------|--------------------------|-----|-----|-----|-----|-----|-----|-----|-----|------|------|------|-------------------------|-----|-----|-----|-----|-----|
|                                                           | CP1                      | CP2 | CP3 | CP4 | CP5 | CP6 | CP7 | CP8 | CP9 | CP10 | CP11 | CP12 | CT1                     | CT2 | CT3 | CT4 | CT5 | CT6 |
| Ethics and academic integrity                             |                          | x   |     | x   |     |     | x   |     |     |      |      |      |                         |     |     | x   |     |     |
| Sports selection and orientation                          |                          |     | x   | x   |     | x   |     |     |     |      |      |      | x                       |     |     |     |     |     |
| Scientific foundations of sports training and competition |                          |     |     |     |     |     | x   |     |     | x    | x    |      |                         | x   |     |     |     |     |
| Fitness and body aesthetics                               |                          |     |     |     |     | x   | x   |     |     |      |      |      |                         | x   | x   |     |     |     |
| Organization and planning of sports competitions          | x                        |     |     |     |     |     |     |     |     | x    | x    |      | x                       | x   |     |     |     |     |
| Specialization in a sports branch 1                       |                          |     |     |     |     |     | x   |     | x   | x    | x    |      | x                       | x   |     |     |     |     |
| Planning and programming of sports training               |                          |     |     |     |     |     |     |     |     | x    | x    |      |                         |     |     |     | x   |     |
| Physiology and biochemistry of physical effort            |                          |     |     |     |     |     | x   |     |     |      |      | x    | x                       |     |     |     |     | x   |
| Advanced evaluation in performance sports                 |                          |     |     |     |     | x   | x   |     |     |      |      |      | x                       |     |     |     |     |     |
| Advanced research in performance sports                   |                          |     |     |     | x   |     |     | x   |     |      |      | x    |                         |     |     |     | x   |     |
| Development and administration of sports facilities       |                          |     |     |     |     |     | x   | x   | x   |      |      |      |                         |     |     |     | x   |     |
| Specialization in a sports branch 2                       |                          |     |     |     |     |     | x   |     | x   | x    | x    |      | x                       | x   |     |     |     |     |
| Volunteering in sports                                    |                          |     |     |     |     |     |     | x   |     |      |      |      |                         |     | x   | x   |     |     |



|                                                                   |   |   |   |   |   |   |   |   |   |   |   |  |   |   |   |   |   |   |
|-------------------------------------------------------------------|---|---|---|---|---|---|---|---|---|---|---|--|---|---|---|---|---|---|
| Neuromotor control and learning                                   |   |   |   |   |   |   | x |   | x |   |   |  | x |   |   |   |   |   |
| Information technologies applied in monitoring sports performance |   |   | x |   |   |   |   |   |   |   | x |  |   |   |   |   | x |   |
| Doping and nutrition in sports                                    | x | x |   |   |   |   |   |   |   |   |   |  | x |   |   |   |   |   |
| Preparing the dissertation                                        |   | x |   |   |   |   |   | x |   |   |   |  |   |   |   |   |   | x |
| Management and marketing in performance sports                    |   |   |   |   |   |   |   | x |   |   |   |  |   |   | x |   |   |   |
| Sports counseling and coaching                                    |   |   |   |   |   |   |   |   |   | x | x |  |   |   | x |   |   |   |
| Accident prevention and recovery in performance sports            |   |   |   | x |   |   |   |   |   |   | x |  | x | x |   |   |   |   |
| Specialized practice in training structures in team sports        | x | x | x |   |   |   |   |   |   |   |   |  | x |   |   |   |   |   |
| Specialized practice in training structures in individual sports  | x | x | x |   |   |   |   |   |   |   |   |  | x |   |   |   |   |   |
| Sports legislation                                                | x |   |   |   |   |   |   |   |   |   |   |  |   |   |   | x |   | x |
| Volunteering in sports activity                                   |   |   |   |   |   | x |   |   |   | x |   |  |   |   | x | x |   |   |
| Systems and equipment for research in sports performance          |   |   |   |   | x | x |   |   |   |   | x |  |   |   |   |   | x |   |
| Applied statistics in performance sports                          |   |   |   |   | x | x | x |   |   |   |   |  |   |   |   |   | x |   |
| Sports training for people with special needs                     |   |   |   | x |   |   |   |   |   |   | x |  | x | x |   |   |   |   |
| Sports traumatology and first aid measures                        |   |   |   | x |   |   |   |   |   |   | x |  | x | x |   |   |   |   |
| Psychology of the sports group                                    |   |   |   |   |   |   |   |   | x |   |   |  |   |   | x |   |   | x |
| Communication techniques in sports performance                    |   |   |   |   |   |   |   |   | x |   |   |  |   |   | x |   |   | x |

Coordinator of the master's degree program:

Assoc. Prof. Dr. Oancea Bogdan Marian