

# Transilvania University of Braşov, Romania

## Study program: Kineto -Therapy and Special Motricity

Faculty: Physical Education and Mountain Sports

Study period: 3 years (bachelor);

Academic year structure: 2 semesters (14 weeks per semester)

Examination sessions (two): winter session (January/February)  
summer session (June/July)

Courses per years (C= course; S = seminar; L = laboratory; P = project)

### 1<sup>st</sup> Year

No. Crt.	Course	Code	Language of instruction	1 <sup>st</sup> Semester					2 <sup>nd</sup> Semester				
				C	S	L	P	Cred	C	S	L	P	Cred
01	Anatomy and biomechanics	Anat01	Roumanian	4	4	-	-	8					
02	Kinesiology	Kines01	Roumanian	2	2	-	-	5					
03	General foundations of athletics	BGatI01	Roumanian	1	-	2	-	4					
04	The scientific basis of the football game	Ffotb01	Roumanian	1		2		4					
05	Basic gymnastics	GB01	Roumanian	2		3		6					
06	English 1	Eng01	Foreign languages	1	1	-	-	2	1	1	-	-	2
	Franch	Fra01											
	Spanish 1	Spn01											
07	Academic writing	Sac.01	Roumanian	1				1					
08	The scientific basis of the handball game	Fhdb01	Roumanian						1		2		3
09	Physiology	Fiz02	Roumanian						2	-	4		7
10	Semiologie	Sem02	Roumanian						2	2			5
11	Health education and first aid	ESA02	Roumanian						2	-	2		5
12	Equipment, devices and installations used in kinetotherapy / secondary and tertiary kinetoprophylaxis	EchAp /Kipro02	Roumanian						2		2		5
13	Muscle toning methods and techniques	MtehTM02	Roumanian						1		2		3
	Restoration and recovery in performance sports	RRsp02											
14	English 2	Eng02	Foreign languages						1	1	-	-	2
	Franch 2	Fra02											
	Spanish 2	Spn02											

### 2<sup>nd</sup> Year

No. crt.	Course	Code	Language of instruction	3 <sup>rd</sup> Semester					4 <sup>th</sup> Semester				
				C	S	L	P	Cred	C	S	L	P	Cred
01	Scientific research methods in the Science of sport and physical education	MCS03	Roumanian	1	1		-	2					
02	The theory of physical education and sport	TEFS03	Roumanian	2	2	2		6					
03	Swimming and hydrokinetotherapy	IHidrK01	Roumanian	2		2	2	7					

04	General bases of kinetotherapy	BK03	Roumanian	2	2			5					
05	Internship in special education centers	SC03	Roumanian				4	5					
06	Equipment, apparatuses and installations used in kinesitherapy	EAIK03	Roumanian	1		1		2					
7	English 3	Eng03	Foreign languages	1	1	-	-	2					
	Franch 3	Fra03											
	Spanish 3	Spn03											
8	English 4	Eng04	Foreign language						1	1	-	-	2
	Franch 4	Fra04											
	Spanish 4	Spn04											
09	Elements of physiotherapy	EFiz04	Roumanian						2	1			3
10	Measurement and evaluation in kinetotherapy	MEvK04	Roumanian						2		2		4
11	Physical therapy in rheumatology	Kinreum04	Roumanian						2	2			5
12	Physiotherapy for physical and sensory disabilities	KinDFSen04	Roumanian						2	-	2		4
13	Massage and complementary techniques	Mas04	Roumania						2	2	2	-	7
14	Internship in special education units	StPCR04	Roumanian						-	-	-	4	5

### 3<sup>rd</sup> Year

No. crt.	Course	Code	Language of instruction	5 <sup>th</sup> Semester					6 <sup>th</sup> Semester				
				C	S	L	P	Cred	C	S	L	P	Cred
01	Physical therapy in orthopedic diseases / trauma applications in sports	KINOrt05	Roumanian	1	2	-	-	4					
02	Physical therapy in pediatrics	KinPed05	Roumanian	1	2	-	-	4					
03	Physical therapy in diseases of cardio respiratory	KinCaRes05	Roumanian	1	2	-	-	4					
04	Electrotherapy / Sensory-motor therapy	Electro05	Roumanian	1		2		3	-	-	-	-	-
05	Ludotherapy / adapted motor activities	LdActAd05	Roumanian	1		2		3	-	-	-	-	-
06	Aqua gym / Prevention and recovery in competitive sports therapist	AqPR05	Roumanian	1		2		3					
07	Internship in social assistance centers	StagPr05	Roumanian	-	-	-	4	4					
08	Internship for preparation and elaboration of the bachelor's thesis	StagPLL05	Roumanian	-	-	-	5	5					
09	Kinetotherapy in neurological disorders	KIntNeu06	Roumanian						1	2			3
10	Patient handling techniques	TehPac 06	Roumanian	-	-	-	-	-	1	-	2	2	6
11	Physiotherapy in geriatrics and gerontology	KinGerG06	Roumanian	-	-	-	-	-	1	2		-	3
12	Methods and techniques of motor reeducation	MTehM06	Roumanian						1	2			3
13	Management and Marketing in Physical Therapy	MMk06	Roumanian						2	1			3
14	Methods and Techniques of Muscle Toning / Aerobic Step	MTeh/AS06	Roumanian						2		2		5
15	Occupational Therapy	TerOc.04	Roumanian						2	2	2		7